

6th October 2022



World Mental Health Day

Dear Parents and Carers,

Next Friday, 14th October, is World Mental Health Day. According to the latest NHS figures, nearly half a million young people are being referred for poor mental health issues every month, and with many not being able to get the support they need.

This year as usual we will have an aft have planned an afternoon of activities and guidance to help the children to learn different ways to have positive mental health.

To celebrate the day, we would like your child to come to school wearing as much yellow as possible to fill the school with optimism and energy!

We are currently working with a group of professionals in North Lincolnshire called "With me in Mind." If any guidance is required for mental health issues, please contact me in confidence.

I look forward to seeing a playground full of sunshine!

Kind regards,

Sharon Hatton

Principal